

AMENDMENTS TO THE SPECIFICATION

Please insert the following paragraph after the title:

CROSS-REFERENCE TO RELATED APPLICATIONS

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This application is a continuation of United States Patent Application No.
10/092,754 filed on 03/07/2002, ^{NOW Pat. 6,732,815} This application claims the priority of U.K. Patent Application No. GB 0105547.4, filed March 7, 2001 and U.K. Patent Application No. GB 0125749.2, filed October 26, 2001, the contents of which are incorporated herein by reference.

Please replace paragraphs [0043] and [0048] with the following amended paragraphs:

[0043] On entry into idle mode (bottom half of Figure 2) ([16]) 64 moves into its forwardmost position. The beatpiece has sufficient forward momentum to cause the beatpiece catching ring (15) to deform so that the increased diameter portion (64b) of the beatpiece can move forwardly past the reduced diameter portion (15a) of the ring (15). The deformation of the ring (15) will absorb some of the forward movement of the beatpiece (64). The forward increase diameter portion (64a) of the beatpiece impacts a rearward facing internal shoulder (7d) of the forward sleeve (7), thus transferring its forward momentum to the front sleeve (7). The reflected momentum from the sleeve (7) causes the beatpiece (64) to then move rearwardly, but not with sufficient force for the